

DENGIE HUNDRED SWIM SCHOOL



PRE SCHOOL AGE
DUCKLING
AWARDS

AFTER SCHOOL
ASA STAGE
1-7

ADULT BEGINNER
AND IMPROVEMENT
LESSONS



We also offer a range of
other swimming disciplines:

Competitive Stages 8 - 10
Synchro Stages 8 - 10
RLSS Rookie Bronze, Silver & Gold
NEW Survive and Save Programme

Southminster Swimming Pool
Burnham Road
Southminster
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